Practice Log For Basic Fundamentals

	Daily Goal	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Left Hand Basics								
Finger Dropping and Lifting								
Vibrato								
Shifting								
Right Hand Basics								
Son File								
Pressure, Speed, and Sounding Point								
Bow Changes								
Detaché								
Legato								
Staccato								
Martelé								
Collé								
Spiccato								
Sautillé								
Total Time:								

Practice Log

	Daily Goal	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Basic Fundamentals								
Scales, arpeggios, and Double Stops								
Etudes								
Orchestra								
Recital								
Total Time:								